CSA/USA Celiac Sprue Chapter #100 presents:

# 2008 Northern Virginia Celiac Forum

CONTINUING ED CREDIT HOURS FOR DIETITIANS & NURSES

**with Guest Speakers:**

**Dr. Aline Charabaty, MD**, *Assistant Professor of Medicine, Associate Director of the Center for Inflammatory Bowel Diseases, Georgetown University Hospital*

**Melinda Dennis, MS, RD, LDN**: *Nutrition Coordinator, Celiac Center, Beth Israel Deaconess Medical Center, Boston, MA; Founder: Delete the Wheat® Nutritional Consulting for the Gluten Free Diet*

**Meg Martin, MS, RD:** *Clinical Nutrition Manager, Inova Alexandria Hospital*

## Saturday, June 21, 2008

## 9:15am - 1:00pm *(doors open at 8:45am for registration)*

## Inova Fairfax Hospital

3300 Gallows Road
Falls Church, VA 22042
Physicians Conference Center

**Cost: $30 per person**

**8:45am - 9:15am:** Registration

**9:15am - 9:30am:** Welcome, Introductions

**9:30am - 10:15am: Lecture: Celiac Disease: Clinical Manifestations and Diagnosis; Aline Charabaty, MD**

**10:15am - 11:00am: Lecture: Maximizing Nutrition on the Gluten Free Diet - Importance of Calcium, Vitamin D, Iron, B Vitamins, etc; Melinda Dennis, MS, RD, LDN**

**11:00am - 11:30am:** Beverage/gluten free muffin break and sampling of GF products
- sponsored by Sweet Sin Bakery, Whole Foods Gluten Free Bakehouse, Tenzo Artisan Bakery, Marion's Smart Delights and Natasha's Health Nut Cookies

**11:30am - 12:15pm: Lecture: Gluten Free Whole Grains: Nutritious and Delicious; Meg Martin, MS RD**

**12:15pm -1:00pm:** Question and Answer Period, or review of celiac resources, sampling

**Companies Offering Samples and GF Resources:**
Kinnikinnick - Pure Fit Bars - Bob's Red Mill - CSA/USA - Namaste Foods - Nu-World…..and more

CSA/USA· Chapter #100· 1542 Moorings Drive #21C· Reston, VA 20190
571-289-5675
www.csaceliacs.org mvineyard40@comcast.net

## Cost $30/person. Pre-registration required.

## Please mail in registration Today since this event typically sells out

No credit cards. CONTINUING ED CREDIT HOURS FOR DIETITIANS & NURSES.

**Questions: Please call CSA Chapter #100: *571-289-5675***

Name of Attendee: _____

Phone Number: _____ Email: _____

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Phone Number: _____ Email: _____

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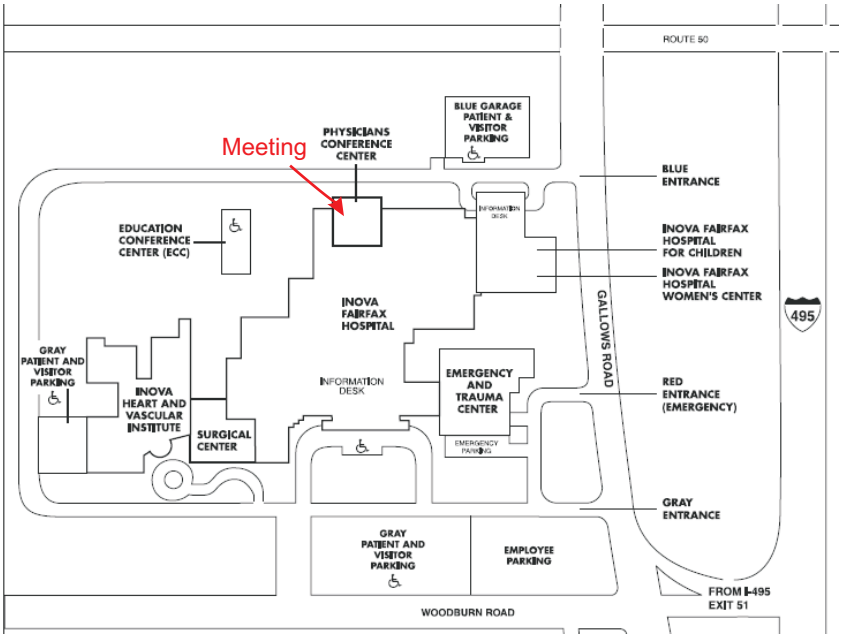
**CSA/USA Chapter #100**
Daniel DuBravec
1542 Moorings Drive #21c
Reston, VA 20190

**Directions:** *http://www.inova.com/inova_fairfax_hospital/maps_and_directions/index.jsp*

**Parking:** Patient and visitor parking areas are located near all entrances to the hospital campus. There are two garages, one by the Women's and Children's Entrance and one connecting to the Inova Heart and Vascular Institute. There is one surface lot, located across from the Tower Building. Campus parking rates are listed at the entrance of each parking facility.